

Be a Parent with FOCUS!

Attend this great workshop series, guided by an experienced life coach, which will expand your parenting toolkit with:

- ☑ Using positive language and positive focus
- ☑ Understanding children with different communication styles
- ☑ Expressing love to children the way they like to receive it
- ☑ Setting effective rules and boundaries
- ☑ Managing time and stress

"Ronit took us through perspectives refreshing and new ... Good job, Ronit!" – Parent feedback



Parent Coaching Workshops

7:00 – 9:00 pm

Thursdays 3 – 31 August

Macgregor State High School

Blackwattle Street, MacGregor

Enjoy 5 weeks of Parent Coaching for only \$75
(discounts available for groups of 3 and 5)

To register:

Call Ronit Baras on **3343 2237**,

Email ronit@behappyinlife.com,

Or visit www.behappyinlife.com/contact.php