



**BE HAPPY**  
*Parents*



## ***FREE Positive Parenting Night***

*Do you find yourself saying any of these things about your own family?*

“I want my son to turn the computer off”

“I want to have more fun with my children”

“I have no control of what’s happening at home”

“I want to enjoy the time I have with my kids before they grow up and leave home”

“My kids fight all the time”

“I can’t handle the stress”

“I think my daughter is slipping away from me”



*Get parenting tips that work, meet other parents and share meaningful experiences at this great workshop*

Learn why some of the words you use may be encouraging your kids to do the opposite of what you want and how you can change that. Learn how to influence your children’s mindset and direct it towards success and happiness. Find out more about parenting skills you can have.



### *The presenters*

“We believe that parents hold the key to their children’s education, success and happiness. By relaxing and creating a safe and positive environment at home, everyone wins – parenting becomes a pleasure, the kids do well and the family comes close together” – Gal and Ronit Baras.



Their presentation is based on 18 years of parenting, education and working with parents and children.

### *What some parents have said about their experience with us*

“I have enjoyed the Parent Coaching Workshops that you have been running, and I can see a huge change in the relationship between me and my daughter already”

“You took us through perspectives refreshing and new”

**Tuesday, 21/03/07 @ 6:30pm (7pm start)**  
**Macgregor Primary School Staff Room**  
**McCullough Street, Macgregor**



**Register now! Call 3343 2237 or visit [www.behappyinlife.com](http://www.behappyinlife.com)**

*Happiness is a Choice!*